

## Course description

General information about the course		
1. <b>Major of study:</b> medicine	2. <b>Study level:</b> unified MSc	
	3. <b>Form of study:</b> intramural	
4. <b>Year:</b> I	5. <b>Semester:</b> I	
6. <b>Course name:</b> Methodology of learning		
7. <b>Course status:</b> required		
<b>8. Course contents and assigned learning outcomes</b> Psychological and neurological mechanisms of learning process Different styles and learning preferences Types of memory and attention span Mind mapping and selection of information Stress management D.W1., D.W4, D.W9.,D.W12 Resilience and well-being  The aim of the course is to equip students with theoretical and practical knowledge about learning process. During the classes students will learn some practical ways of dealing with stress and resilience building.  Learning outcomes / reference to learning outcomes indicated in the standards For knowledge – student knows and understands: learning methods For skills student can do: plan his/her own educational activity and constantly improve knowledge For social competencies student is ready to: self-assessment of own educational needs		
9. <b>Number of hours for the course</b>		<b>10</b>
10. <b>Number of ECTS points for the course</b>		<b>2,5</b>
11. Methods of verification and evaluation of learning outcomes		
Learning outcomes	Methods of verification	Methods of evaluation*
Knowledge	Written evaluation – open questions Grade credit – MCQ	<b>*oral exam open questions</b>
Skills	Report Observation Practical exam	<b>*observation</b>
Competencies	Observation	<b>*observation</b>

\* The following evaluation system has been assumed:

**Very good (5,0)** – the assumed learning outcomes have been achieved and significantly exceed the required level

**Better than good (4,5)** – the assumed learning outcomes have been achieved and slightly exceed the required level

**Good (4,0)** – the assumed learning outcomes have been achieved at the required level

**Better than satisfactory (3,5)** – the assumed learning outcomes have been achieved at the average required level

**Satisfactory (3,0)** – the assumed learning outcomes have been achieved at the minimum required level

**Unsatisfactory (2,0)** – the assumed learning outcomes have not been achieved