

PSYCHOLOGICAL SUPPORT POINT IN KATOWICE-LIGOTA

ADDRESS:

Psychological Support Point is located in Katowice-Ligota, at 18 Medyków Street, next to the Institute of Theory of Medicine (building D4-2) office no 106 (1st floor, in front of the auditorium A2).

CONTACT TO THE PSYCHOLOGIST:

Psychological support is provided by Ms. Katarzyna Garlicka, MA, a psychologist working in the humanistic trend with elements of behaviorism. You can get acquainted with the profile of Ms. Garlicka on the website: <https://www.naukowapsychologia.pl/lp/specjalisci>

To schedule your first appointment, fill out the online form below. After submitting a properly completed application, the Psychologist will contact you by email, at the email address (in the domain 365.sum.edu.pl) provided in the form.

The duty hours of Ms. Garlicka will be held according to the schedule posted below.
Please note – it is necessary to make an appointment in advance, via the online form.

In the winter semester of the academic year 2025/2026 psychological support will be provided on site or online from October 1st, 2025 in the following days:

- Tuesdays from 3:30 pm to 7:30 pm
- Fridays from 3:30 pm to 7:30 pm
- Saturdays from 12:00 pm to 4:00 pm

Keep in mind that in the days listed below the support will be provided online only:

- October 25th, 2025
- November 29th, 2025
- December 13th, 2025

The psychological support will be conducted in person or online from 01/07/2025 until 30/09/2025:

- Tuesdays from 16:30 until 19:30
 - Saturdays from 13:00 until 16:00
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WHO CAN BENEFIT FROM THE PSYCHOLOGICAL SUPPORT?

All students/doctoral students of SUM in Katowice, those with any disabilities or those in need of emotional and psychological support are welcome to contact the Psychological Support Point.

REGULATIONS OF ACCESSING PSYCHOLOGICAL SUPPORT POINT

If you are a student/doctoral student of the Medical University of Silesia and you are in need of psychological assistance, you can make an appointment with the psychologist who provides psychological support as specified in above instructions.

After making contact, the Psychologist decides on the appropriateness of support and schedule a meeting with you.

In case you are not able to meet with the Psychologist in person, you can arrange an online meeting.

IMPORTANT- During the first meeting (on site or online) you are obliged to show the Psychologist your valid student ID in order to confirm your identity and your right to free assistance.

The Psychologist provides her services in English for international students of the University who are in need of psychological support.

The consultations with the Psychologist are free of charge.

WHAT KIND OF SUPPORT YOU CAN GET?

The Psychologist provides psychological support within psychological consultations.

The Psychologist decides, basing on your psychological state and problems you might have, whether one, two or more appointments is required. An appointment lasts 60 minutes.

Remember that the Psychologist provides assistance only within limited scope (within psychological support). However, in case the Psychologist decides that your psychological state requires support from a psychiatrist or a group therapy – you will then receive a relevant referral.

In that case you are supposed to arrange support on your own. Support Point